

About the Program

Enrollment is **strictly limited to 80 players**

20 players per playing level including

Middle School - grades 7 and 8

J.V. Level - grades 9 and 10

Varsity Level - grades 9 thru 12

***New Addition** - 6th Grade Group with a strong emphasis on Fundamentals.

Player Requirements

This program is especially suited for the serious player with...

- a) a true passion for basketball
- b) a great desire to become an important player on their school team
- c) an outstanding work ethic with a desire to get the best in individual offensive skills development and total team concepts

Date: Four Sunday sessions
October 14, 21, 28, November 4

Time: 11:30am to 2:00pm

We start promptly at 11:30am.

Gym doors open at 11am for warmup.

Fee: \$325 for all four sessions.
No transportation provided.

Facilities: The LuHi Gymnasium featuring (3) regulation full courts. One of Long Island's finest basketball facilities.

Tentative Schedule

11:30am to 12:30pm - Individual offensive skill development - full & 1/2 court

12:30pm to 1:30pm - Total skill development through teaching and drilling concepts and techniques. 7 major topics covered.

1:30pm to 2:00pm - Controlled scrimmage

The Staff: All of our staff are varsity coaches with extensive experience both as players and coaching at all levels from Junior High to Varsity to the college level.

The staff includes...

Ed Parry - formerly Huntington HS

Fred Grasso - Lutheran High School

Brian Carey - Lutheran High School

Shannon Clancy - Lutheran High School

John Buck - Lutheran High School

The Advantages

Comprehensive Individual Skill Development in a compact schedule with no wasted time.

Consistent reinforcement of fundamentals in controlled scrimmages. Players are being coached on the run with strong emphasis on execution. Offensive skills development with coaches who have a proven track record for getting players to the next level and most important - a no nonsense approach to the development of a complete game. **A PROGRAM THAT CAN'T BE MATCHED ANYWHERE.**

Topics Covered:

I. Individual Offense - repeated each session. Competitive drill work.

- a. Fundamental scoring skills
- b. Mid-range scoring off the dribble
- c. Techniques for 3 point spot up shooting
- d. Post moves
- e. Movement off the ball
- f. Form shooting and shooting technique

II. Court Awareness - including Floor Balance, Communication skills, Transition Offense & Defense, emphasizing timing and spacing.

III. Ball Handling Techniques

- a. Beating your man off the dribble
- b. Beating full court man pressure
- c. Drawing the double team
- d. Beating the double team with the dribble
- e. Dribbling to a ball screen & the split dribble
- f. Dribbling techniques; use of various dribbles

IV. Passing

- a. Passing concepts and situations for various passes
- b. Feeding the post
- c. Passing out from the post
- d. Transition passing
- e. Passing concepts vs. zones
- f. The "nickel" pass and ball reversal

V. Fast Break Skills

- a. Fundamentals of the primary break
- b. Rebounding for the quick outlet
- c. The outlet receiver & wing play
- d. Feeding the post in transition
- e. Concepts in the secondary break

VI. Individual Defense

- a. Position and stance
- b. Playing the man with the ball
- c. Playing the man off the ball
- d. Guarding the post
- e. Defending dribble penetration
- f. Closing out

VII. Team Defensive Skills

- a. Ball side defense and guarding the ball
- b. Weak side help defense
- c. Playing the passing lanes
- d. Defending screens & motion offense
- e. Defending the ball screens
- f. Defensive Rebounding

VIII. Offensive Team Skills

- a. Reading the defense; creating and finding the gaps
- b. Movement off the ball - timing and spacing
- c. "The porch," playing behind the zone
- d. "Quick" ball movement
- e. Ball reversal
- f. Scoring areas vs. zones

LuHi Summer Programs

and

Brian Carey's Shooter's School

present the 5th Annual

Fall **Preseason Boys Basketball School**

**For the serious
player only!**

Four Sunday sessions
**October 14, 21, 28
November 4**

Enrollment limited to
80 "serious" players



on the Campus of
Long Island Lutheran High School
131 Brookville Road
Brookville, NY 11545-3399
(516)626-1100

Brian Carey's Shooter's School
131 Brookville Road
Brookville, NY 11545-3399

2007 Fall Preseason Boys Basketball School
PLEASE COMPLETE AND MAIL WITH FULL PAYMENT TO:

Brian Carey c/o LuHi Summer Programs
131 Brookville Road
Brookville, NY 11545-3399

Name: _____ Address: _____
City: _____ State/Zip: _____ Home Phone: _____
Mother's Daytime Phone: _____ Father's Daytime Phone: _____
Age: _____ Sex: _____ Grade: _____ School: _____
Level Played Last Season: _____ Position: _____ Height: _____ Weight: _____

All payments are due in full by October 1st. Please call our office at (516) 626-1100 if you have any questions.
All checks are made payable to Brian Carey Associates Inc.